

## INShape Indiana – Walk Across Indiana

Governor Mitch Daniels' INShape Indiana and the Purdue Cooperative Extension will be celebrating the health benefits of walking by hosting walks all around the state during the week of October 23-28. Currently, walks are planned in 26 counties. The Walk Across Indiana initiative will conclude with an exciting announcement at the White River State Park in downtown Indianapolis at 10 a.m. on October 28 at the Visitors' Center.

Following is the list of counties where walks will be held:

Allen Marion
Brown Monroe

Clinton Montgomery

Dearborn Porter
DeKalb Posey
Elkhart Putnam
Floyd St. Joseph
Gibson Tippecanoe
Grant Vanderburgh

Hancock Vigo
Hendricks Wabash
Henry Warrick
Lake Wayne

To contact your local Purdue Cooperative Extension office to find out about a walk in your area, call 1-888-EXT-INFO (398-4636).

INShape Indiana greatly appreciates the help of its partners in making Walk Across Indiana possible:

- Clarian Health Partners
- Coca-Cola Company
- Dick's Sporting Goods
- The Indiana State Police